

GUIDANCE ON COVID-19

Are you experiencing COVID-19 symptoms? They include:

- » Fever or chills (over 100.4°F or 38°C)
- » New loss of smell or taste
- » Cough
- » Muscle or body aches
- » Sore throat
- » Shortness of breath or difficulty breathing
- » Congestion or runny nose
- » New or unusual headache
- » Nausea, vomiting, or diarrhea

I HAVE TESTED POSITIVE

1. Report positive test to Milligan Health Services ASAP.
2. Isolate until 24 hours of no fever (without medication); AND other symptoms have improved; AND 10 days from onset of symptoms or first positive test.
3. Students: contact Health Services, professors, and athletic trainers. Faculty and staff: contact your primary care physician and notify Health Services and supervisor/VP.
4. Do not return to work or class until you receive clearance to do so from Health Services.

Milligan Health Services:
423.461.8667 | www.milligan.edu/health/covid-reporting/

YES, I HAVE SYMPTOMS

1. Stay at home or in your dorm room and quarantine until you can get a medical evaluation.
2. Students: contact Milligan Health Services, professors, and athletic trainers. Faculty and staff: contact your primary care physician and notify Milligan Health Services and your supervisor/VP.
3. All positive test results must be reported to Milligan Health Services and follow isolation protocols. If negative, follow health care provider directions.

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NO SYMPTOMS

Have you been in contact with someone who has been diagnosed with or tested positive for COVID-19?

YES

NO

Close contact?

YES, CLOSE CONTACT *
(within 6 feet for 15 or more minutes)

1. Quarantine* for 14 days after date of last contact.
2. Students: contact Health Services, profs, and athletic trainers. Faculty and staff: notify Health Services and supervisor/VP.
3. Get tested if you develop symptoms. Continue to quarantine for 14 days even if test is negative.

*Does not apply to health science students, health care personnel, first responders, or other individuals who encounter people with COVID-19 as part of their professional or care-giving duties while wearing PPE.

NON-CLOSE CONTACT
(outside 6 feet or within 6 feet for a brief period of time)

Practice social distancing and good hygiene **AND** watch for symptoms.
No quarantine required.

Practice social distancing **AND** watch for symptoms. No quarantine required.

- **QUARANTINE:** You had **contact** with someone who tested positive. Stay home or in your room and separate from others for 14 days even if you don't feel sick or have symptoms.
- **ISOLATION:** You are **diagnosed** with COVID-19. Stay away from people. Do not leave home/room except for medical treatment.

**MILLIGAN
RETURNS
HOME**

www.milligan.edu/returnhome

423.461.8667 | healthservices@milligan.edu