BS in Human Performance & Exercise Science (HPXS)

Milligan College

Physical Education Concentration, K-12 Specialty Licensure

Catalog Year
2014-15

This document is designed as a guide for students planning their course selection and is only a suggested schedule. Actual course selections should be made with the advice and consent of the academic advisor. While accurately portraying the information contained in the College Catalog, this form is not considered a legal substitute for that document. Students should become familiar with the Catalog in effect at the time in which they enter Milligan.

FALL SEMESTER 1		
COURSE	**TITLE**	**CREDITS**
BIBL 123	Old Testament Survey	3
HUMN 101	Ancient & Medieval Cultures	4
MLGN 100	Intro to College & Service	0.5
BIOL 110	General Biology	4
COMM 102	Speech Communication	3
EDUC 150	Introduction to Teaching	2
	TOTAL CREDITS	**16.5**

SPRING SEMESTER 1		
COURSE	**TITLE**	**CREDITS**
BIBL 124	New Testament Survey	3
HUMN 102	Renaissance & Early Modern	4
HPXS 271	Wellness	3
MATH 213	Statistics	3
COMP 111	Composition	3
	TOTAL CREDITS	**16**

FALL SEMESTER 2		
COURSE	**TITLE**	**CREDITS**
HUMN 201	18th & 19th Cty Cultures	4
COMP 211	Found. of Analytical Composition	3
PSYC 365	Cross-Cultural Psychology	3
HPXS 108	Folk Dance & Rhythmical Activities	1
HPXS 405	Motor Behavior	2
	General Elective	3
	TOTAL CREDITS	**16**

SPRING SEMESTER 2		
COURSE	**TITLE**	**CREDITS**
HUMN 202	Cultures of 20th & 21st Cty Cultures	4
MLGN 200	Intro to Calling & Career	0.5
EDUC 152	Technology in Education	1
HPXS 308	Measurement & Evaluation	3
HPXS 201	Foundations and Legal Issues	3
HPXS 104	Swimming	1
	General Elective	3
	TOTAL CREDITS	**15.5**

FALL SEMESTER 3		
COURSE	**TITLE**	**CREDITS**
HPXS 341	Exercise Physiology	4
PSYC 252	Developmental Pyschology	3
HPXS 370	Secondary PE methods	4
EDUC 306	Middle Grades/Secondary Foundatio	3
	General Elective	3
	TOTAL CREDITS	**17**

SPRING SEMESTER 3		
COURSE	**TITLE**	**CREDITS**
HPXS 352	Kinesiology & Biomechanics	4
BIOL 150	Essentials of Human Anatomy and Phys	4
HPXS 207	Principles of Strength Training	2
HPXS 404	Org & Mgt of PE and Sports	3
EDUC 234	Classroom Management	2
	General Elective	3
	TOTAL CREDITS	**18**

FALL SEMESTER 4		
COURSE	**TITLE**	**CREDITS**
EDUC 356	Reading Processes	3
HPXS 350	Elementary PE methods	4
BIBL 471	Christ & Culture	3
HPXS 162	Aerobic Fitness	1
HPXS 406	Adapted Physical Education	2
	General Elective	3
	TOTAL CREDITS	**16**

SPRING SEMESTER 4		
COURSE	**TITLE**	**CREDITS**
EDUC 455	Student Teaching K-12	12
EDUC 460	Capstone Seminar	1
	TOTAL CREDITS	**13**
	MINIMUM 128 NEEDED FOR GRAD	**128**