



Milligan Counseling Center & Crisis Response

The Counseling Clinic is open to all students, faculty, and staff. It is located at the Taylor Phillips House near the softball fields and tennis courts. Counseling services are based on individualized needs of the client. Issues addressed include depression, anxiety, substance abuse, stress and time management, relationships, grief, mental health crisis safety planning, and a variety of other concerns. Counseling is conducted by master's level practicum and intern students. Each session is monitored by the Counseling Center Director. Clinical supervision is provided for all counselors.

Clinic Hours*:

Tuesdays 10 a.m.–5 p.m.

Wednesdays 10 a.m.–5 p.m.

Thursdays 10 a.m.–5 p.m.

Fridays 9 a.m.–1 p.m.

*Additional appointment times are available with the Director on an emergency basis.

Appointments are available by completing online form, calling 423.461.8500, or emailing counselingcenter@milligan.edu. Counseling is available by appointment only.

Mental Health Crisis response is available through the Counseling Center during open hours. The Counseling Director is available for consultation for mental health crisis during center hours (423.461.8500) and through the student development on call after hours (423.483.8391). Crisis response services may also be accessed by dialing 988.

Students at risk of imminent danger of suicidal thoughts or behaviors should be directed to student development immediately. The Counseling Center Director will be consulted for further treatment options or safety planning.

Columbia Suicide Rating Scale and crisis safety plan will be established with each student referred for crisis response to include triggers, coping skills, support persons, and resources.